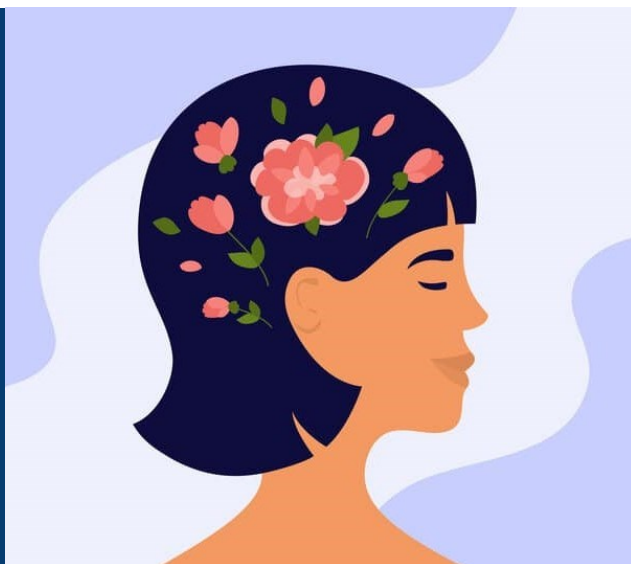


# CHC/SAP CONSORTIUM

## Priming the Brain for Healing and Learning

Monday / November 13, 2023 / 1-2:30 pm



This presentation doesn't just focus on your work with students; it's for you as well. Dr. Tarasevich explores how neuroscience deepens our self-care and professional resilience.

Let's dive deeply into the latest science, outlining the impact of collective and other types of trauma on the nervous system and how Polyvagal Theory can be applied daily in the educational setting. Also, join the discussion on the newest findings about positive childhood experiences describing how our brains and bodies repair and heal from trauma. Finally, we discuss the importance of regulatory and co-regulatory strategies aligned with brain structure and function, providing ways to implement them readily in our daily lives, relationships, classrooms, and schools. Leave with a plan for integrating this into everyday practice.

### Learning Targets:

- Describe three new developments in educational neuroscience
- Outline three ways to apply these fundamental concepts to deepen trauma-sensitive practices every day
- Practice regulatory and co-regulatory practices that are aligned with brain structure and function



**Dr. Susan Tarasevich**

For nearly 30 years, Susan has empowered educators with the understanding and skills needed to make positive changes in the lives of students and families. Susan believes deeply in building systems to support staff, practices to support students, and using data appropriately to drive change. These together create safer schools and more supportive learning environments. Working with a variety of schools, pre-K through higher education, Dr. Tarasevich focuses on designing, implementing, and evaluating sustainable, equitable and effective multi-tiered frameworks for mental health promotion and substance use prevention.

Susan received her BA in Biology from Seton Hill University, M.Ed. in School Counseling from Duquesne University, and Ed.D. in Educational Leadership from the University of Pittsburgh.

For more information, visit Susan's website at [www.susantarasevichlearning.com](http://www.susantarasevichlearning.com)

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