



Upcoming Events

- ADHD Awareness Month
- Anti-Bullying Month
- SIDS — Sudden Infant Death Awareness Month
- Healthy Lung Month
- 10/1—World Vegetarian Day
- 10/2-10/8 — Mental Illness Awareness Week
- 10/6 — National Depression Screening Day
- 10/11 — National Coming Out Day

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Emerging Street Drugs To Know in 2022

Originally appeared on SproutHealthGroup.com

Phenibut *Also called: Anvifen, Fenibut, pbut, noofen, party powder*

Phenibut, an addictive anti-anxiety drug still prescribed in Eastern European countries. An unscheduled substance in the US, Phenibut is technically legal to use. Manufacturers may not sell it as having any health benefits. The drug made headlines recently after a report showing calls to poison control centers involved some cases of death using this substance.

How to spot it: Phenibut is typically sold as a dietary supplement, even though this claim is illegal. The pill itself often looks like a simple white capsule.

Fantasy (GHB) *Also called: G, Liquid Ecstasy, The New Ice*

Gamma-Hydroxybutyrate, drug users are now calling a 'coma in a bottle,' has become a problem abroad. In the US, the drug was linked to the suspension of NBA player Tyreke Evans and hospitalization of actor Mischa Barton.

Sometimes prescribed as a treatment for narcolepsy under the name Xyrem, the drug causes hallucinations, drowsiness and excited or aggressive behavior. Signs of an overdose include slowed heart rate, lower body temperature, vomiting and nausea. Overdose can also lead to unconsciousness, seizures, coma, even death.

How to spot it: GHB comes as a white powder, you may be more likely to see it in liquid form. Dissolved in another liquid, such as alcohol or juice, GHB is clear and may taste slightly salty.

Flakka (alpha-PHP) *Also called: Gravel, Zombie Drug, Bath Salts*

A synthetic designer drug, Flakka is a stimulant. It produces an amphetamine-like experience similar to Ecstasy, but the side effects can be more dangerous. Users have displayed violent aggression, self-harm and outright bizarre behavior. Users also report hallucinations, psychosis and delusions, drawing parallels to Flakka's chemical cousin, bath salts.

Users may also experience physical harm, including increased body temperature, kidney failure and tachycardia. The combined effects have led the DEA to classify Flakka as a Schedule I narcotic.

How to spot it: It comes in pink or white crystals, similar to bath salts. Like other syn-

thetic drugs, it may come in pouches labeled as "plant food" or "phone screen cleaner." When combined with other drugs, Flakka can be impossible to spot.

Kratom *Also called: Herbal speedball, biak biak, ithang, thorn*

A psychoactive herb that can be purchased in gas stations and convenience stores throughout the US. Negative effects: nausea, vomiting, liver damage and a risk of addiction, have led eight US states and 18 countries to ban Kratom.

How to spot it: Typically ground up and put into capsules or brewed as a beverage. It might look like a green powder or loose-leaf tea.

Carfentanil *Also called: Wildnil, Serial Killer*

Carfentanil is making the opioid crisis even more deadly. Used primarily to sedate large animals like elephants and horses, it is one of the most potent drugs known in the US. Just 0.02 mg — a trace amount — can trigger a fatal overdose. It's less expensive and more potent than heroin, allowing illicit manufacturers to produce and sell greater amounts at lower costs. Carfentanil is cut with other substances and sold as Xanax, Oxycontin, cocaine, MDMA and other drugs.

How to spot it: Users aren't likely to know they've taken carfentanil until after ingesting it. Symptoms begin within minutes and may include respiratory arrest, clammy skin and shallow breathing. Dial 911.

Gabapentin

A drug used primarily to treat seizures and nerve pain, Gabapentin has only recently become a concern on the street. Recreational users take the drug to intensify an opioid high or as an opioid substitute. It has been easy to get a prescription and it's very cheap.

Widespread availability is part of the growing problem. Gabapentin is now the fourth-most prescribed drug in the United States as doctors use it to treat everything from restless leg syndrome to generalized anxiety disorder.

How to spot it: Gabapentin comes in pill or capsule form and is typically white or yellow. However, the drug may also be combined with other substances, including marijuana, cocaine or other opioids.

EMOJIS and Drugs on Social Media

A recent article in the New York Post states, "The deadly drug has been found in vape pens on high school campuses in recent months. Officials have a growing concern that middle, high school, and college-aged kids are being targeted, as criminals make Fentanyl pills disguised as Oxycodone, Adderall, and Xanax."

Drug dealers no longer have to stand on shady street corners. They can now connect with kids online through social media platforms like Snapchat, Instagram, TikTok, and YouTube. Buying drugs is as easy as posting a series of specific emojis on social media to signal your interest in a sale.

For more information visit:

<https://www.naturalhigh.org/risks-of-fentanyl-poisoning/>

| Adderall®



| Xanax®



| Percocet®



| Oxycodone

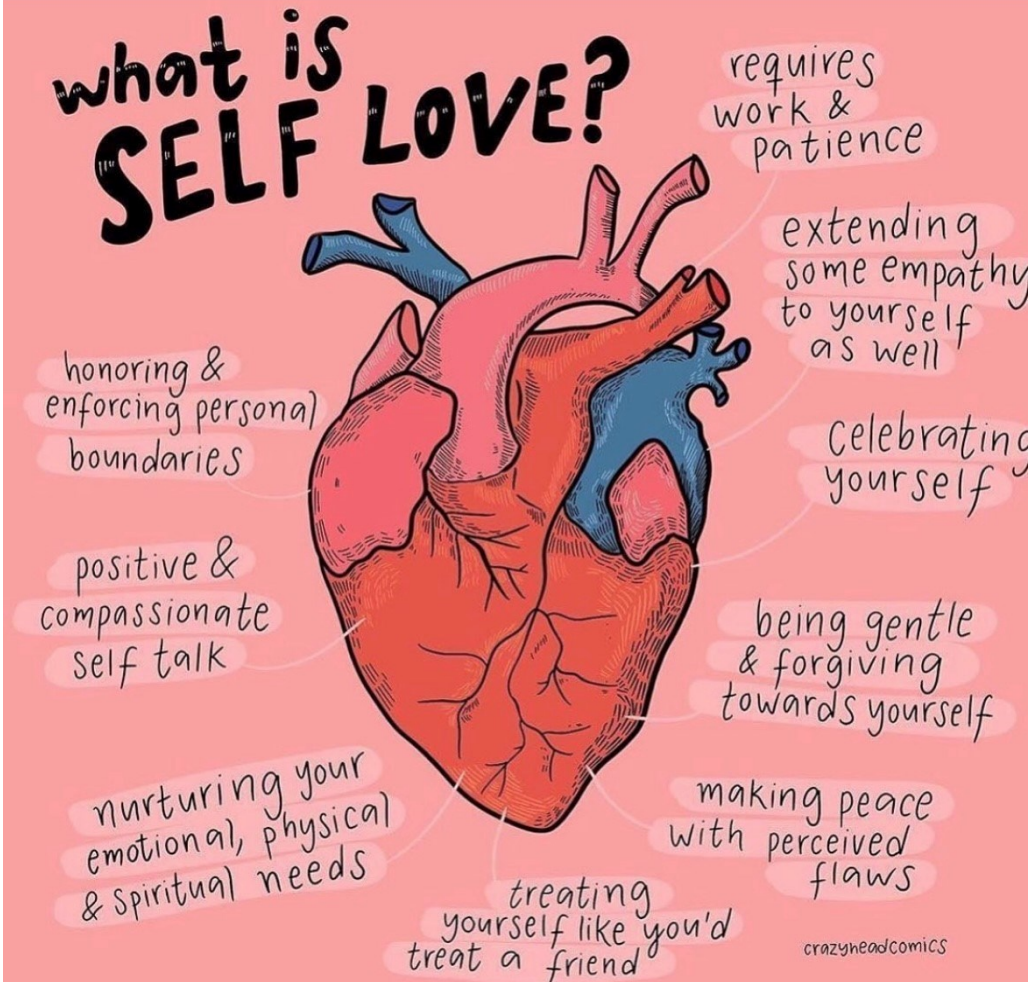


things you shouldn't say to someone with an eating disorder

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pennsylvania
DEPARTMENT OF DRUG AND ALCOHOL PROGRAMS
TOM WOLF, GOVERNOR
JENNIFER SMITH, SECRETARY

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