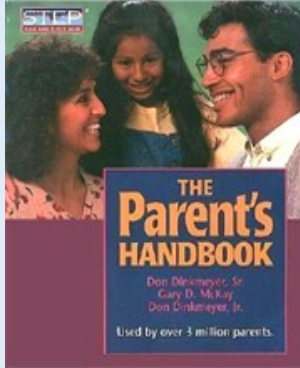


STEP

Systematic **T**raining for **E**ffective **P**arenting is an interactive practical approach to parenting and handling challenging behaviors.

Professionals have used this evidenced based parenting program for over 30 years, with over 4 million participants to date. The program promotes improved communication and relationships.



Parent Groups for Effective Parenting

ENROLLMENT CLOSES ON TUESDAY, JUNE 6 AT 6:00 P.M.

Every Wednesday

Time: 6:30 PM – 7:30 PM / Location: **ONLINE**

Wednesday
June 8, 2022 **Understanding Yourself and Your Child**

Wednesday
June 15, 2022 **Understanding Beliefs and Feelings**

Wednesday
June 22, 2022 **Encouraging Your Child and Yourself**

Wednesday
June 29, 2022 **Listening and Talking to Your Child**

Wednesday
July 6, 2022 **Helping Children Learn to Cooperate**

Wednesday
July 13, 2022 **Discipline that Makes Sense**

Wednesday
July 20, 2022 **Choosing Your Approach**



Center for

Humanistic Change

engages community members
in building skills to address
life's challenges.

www.thechc.org

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TOM WOLF, GOVERNOR
LEIGH M. CHAPMAN, ACTING SECRETARY

For more information, please contact: Stephanie Dorney at sdorney@thehc.org

Registration is required. REGISTER AT:

<https://bit.ly/3wdU37O>