



100A Cascade Drive
Allentown, PA 18109
www.theCHC.org

A New Year, A New Look

CHC embarked on an exciting process to update our look to better represent the agency, our mission, and vision. Board members, staff, and a savvy professional worked tirelessly to develop a top-notch new look for the organization.

CHC was able to provide prevention education to nearly 30,000 people throughout the Lehigh Valley. This table illustrates the numbers of services provided to various age groups and categories of people.

Participant Type	Lehigh County Drug & Alcohol	Northampton County Drug & Alcohol	Other	Total
Elementary school Students	1,986	3,023	496	5,505
Secondary School Students	11,481	4,479	229	16,189
Adults	6,642	555	427	7,624
TOTAL	20,109	8,057	1,152	29,318

About Us

The ability to make healthy choices is critical when people face peer pressure, loss, painful transitions, and other difficulties. **The Center for Humanistic Change engages community members in building skills to address life's challenges.** Armed with positive skills, participants are better able to make healthy decisions and avoid destructive behaviors while building resiliency.

The Center for Humanistic Change delivers customized workshops for children and adults in partnership with schools, businesses, and community organizations. Topics include:

Alcohol, tobacco, and other drug (ATOD) use prevention

Relationship and family skills

Personal life skills

Violence and bullying prevention

As the name implies, the Center for Humanistic Change believes that everyone has the potential to lead a fulfilling life. All programs are client-centered, tailored to the specific audience, and delivered in a nurturing and respectful environment. Through a highly interactive approach, participants learn, experience, and gain critical coping skills.

To learn more about the Center for Humanistic Change, visit the website (www.thechc.org).

	Total Participants	Average Pre-Test	Average Post-Test	Improved (#)	Improved (%)
Anger Management	97	67%	81%	76	78%
Conflict Resolution/Peacemaking	208	75%	81%	109	52%
Bullying Prevention	628	78%	83%	304	48%
Character Education	118	74%	76%	48	41%
Cyberchoices	344	70%	87%	205	60%
Lifeskills for Adults	119	46%	59%	83	70%
Lifeskills for Teens	181	54%	61%	107	59%
Parenting	88	36%	47%	48	55%
Second Step	326	77%	85%	130	40%
Tobacco Prevention	148	73%	87%	104	70%
Too Good for Drugs	320	63%	76%	228	71%
Too Good for Violence	916	63%	75%	513	56%
TOTAL	3,630	66%	75%	2,032	58%

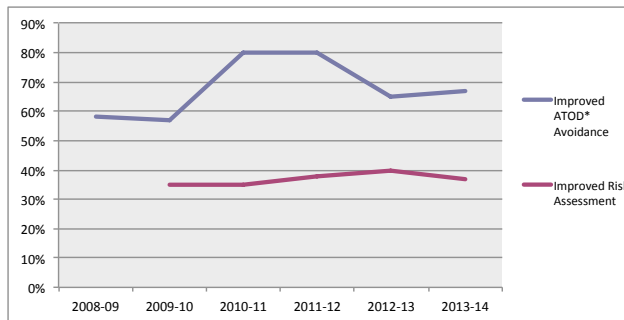
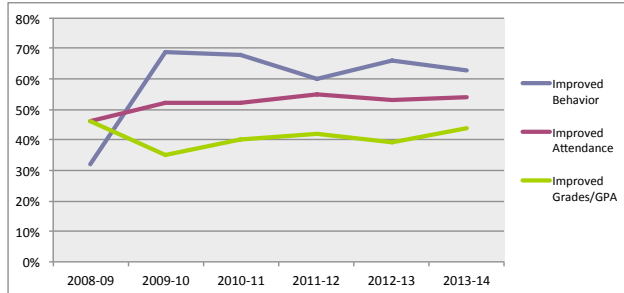
Impact

In order to evaluate our prevention programs and determine our success, pre- and post-tests are administered to participants of programs that are held over multiple sessions. CHC collected assessments for over 3,600 participants during the 2013-2014 year, which measure improvement in knowledge, skills and attitude. As seen in the results (below), nearly 60% of our participants demonstrated improvement from the beginning of the course to the end, with 6 of the programs showing more than a 10% increase. **Our programming is increasing resiliency and decreasing the likelihood of ATOD use/abuse!**

Project SUCCESS and Crossroads

CHC continues to provide the *Crossroads* and Project SUCCESS Mentoring Programs at many schools in the Lehigh Valley. Crossroads provides professional mentorship relationships at the elementary school level. Project SUCCESS is an evidence-based program for secondary school students. Due to the great success of the programs (illustrated in the following table), we have been able to significantly expand the program with increased funding beginning in the 2014-2015 academic year.

Over the past 6 academic years, CHC has reached over 7,000 students and mentored almost 3,000 elementary, middle, and high school students through our mentoring programs. The following data illustrates some of the trends in outcomes measured over the 6-year period. As you can see, there is measured progress each year toward improving children's school performance.



Dear
I wanted to take the time to thank you for everything you've done. I had a really tough year between being in the hospital and all that was going on with my dad and friend and helped me become me through it all and helped me become stronger. I feel like Project Success was a great support and group was a lot of fun! I'm really going to miss group as well as you! Thank you for being there for me through everything and helping me to motivate me to succeed at school and everything else.

Project Success

Students learned useful ways to deal with problems/stress. They also learned how to work together and try to solve problems
Second Step (Skills for Emotional and Social Academic Success)
Elementary Teacher

Student Assistance Program (SAP)



CHC continues to provide SAP Liaison services to all of the schools throughout Lehigh County, as well as to other nearby schools whose student bodies include Lehigh County residents. Our SAP Liaisons and Commonwealth Approved SAP Trainer (CAT), guide SAP teams, supporting their efforts in identifying barriers to student learning and success, as well as providing resources for students who may have problems with mental health, ATOD, grief and loss, transiency, or other life stressors. During the 2013-2014 academic year, CHC liaisons worked on school teams that provided services to over 1,500 students. In order to promote the work of SAP, staff participate in open houses and health fairs; and, they educate professionals on best practices in order to improve the SAP process.

The CHC CAT offered training for nearly 80 school personnel, including administrators, teachers, nurses, guidance counselors, psychologists, and support staff. We had record attendance at the Lehigh County SAP Consortium, where participants gained knowledge on many SAP related topics (i.e.: mental health identification, trends in alcohol, tobacco and other drugs).

Of most value to me was learning tools to speak with my kids. The school should have more of these classes. I believe these sessions are helping me be a better parent. Thank you for reminding me how important it is to raise my child. Too short! [The facilitator] made it fun and never judged our beliefs or opinions. Of most value to me was learning I could change myself for the better to help raise my son in the best way possible. I feel like a better father! :)

From Parents who took our positive parenting classes

Clients Served

Alburtis ES	Family Connection of Easton	Medical Academy CS	St. Peters Lutheran Church
Allentown Brew Works	Families First	Moravian Academy	St. Stephen's Episcopal Church
Allentown Central Catholic HS	First Presbyterian Church	Moravian College	Senior Fest
Allentown School District	Forks ES	Muhlenberg College	Seven Generations CS
America on Wheels	Fountain Hill ES	Nazareth Area HS	Shawnee ES
Arts Academy CS	Freedom HS	Nazareth Area MS	Siegfried ES
Asbury United Methodist Church	Freemansburg ES	Newcomer Academy	South Mall
Boys & Girls Clubs of Easton	Harrison Morton MS	Nitschmann MS	South Mountain Middle School
Broughal MS	IBEAM Academy	North Cataauqua Park	Southern Lehigh HS
Bushkill ES	Lehigh Career & Technical Institute	Northampton County Juvenile Probation	Southern Lehigh Inter. School
Calypso ESI	Lehigh County Adult Probation	Northampton HS	Southern Lehigh MS
Career Link of the Lehigh Valley (PIC)	Lehigh County Community College	Northeast MS	Springhouse MS
Catasauqua HS	Lehigh County Juvenile Detention Center	Northern Lehigh HS	Steven's Park
Catasauqua MS	Lehigh County Prison	Northern Lehigh MS	Temple Beth El
Central ES	Lehigh County Men's Community Correctional Center	Northwestern Lehigh HS	Tilghman Medical Center
Christian Day Care	Lehigh Learning Academy	Northwestern Lehigh MS	Tracy ES
Church of the Mediator	Lehigh Valley CS for the Performing Arts	Orefield MS	Trexler Middle School
Country Meadows Retirement Home of Allentown	Lehigh Valley Families Together	Parkland HS	The Velodrome
DeFranco ES	Lehigh Valley Health Expo	Paxinosa ES	VISTA
DeSales University	Lehigh Valley Health Network - Muhlenberg	Pen Argyl HS	Weisenberg Lutheran Church
Dieruff HS	Lehigh Valley International Airport	Raub MS	Whitehall MS
Donegan ES	Lehigh Valley IronPigs	Ridge Manor Senior Center	Whitehall HS
Easton Area Academy	Lehigh Valley Mall	Ritter ES	Wilson HS
Easton Area HS	LEPOCO	Roberto Clemente CS	Wind Gap MS
Easton Area MS	Liberty HS	Salisbury HS	William Allen HS
Emmaus Community Park	Lincoln ES	Salisbury MS	WoofStock
Emmaus HS	Lower Macungie MS	St. Francis of Assisi Church	
Evening Reporter Center	March ES	St. Luke's University Hospital	
Eyer MS	Marvine ES	St. Luke's Neighborhood Center	
Faith Lutheran Church	McKinley ES	St. Luke's Visiting Nurse Association	

Highmark Walk for a Healthy Community

Students of the Crossroads Program at Donegan ES School in Bethlehem joined by their family, friends, and Principal were a part of the team for CHC.



In 2014 CHC had one of the highest number of walkers!



Staff, their families, friends, and supporters joined us.

*Excellent program! Very interactive for students.
Bullying Prevention Workshop
High School Teacher*

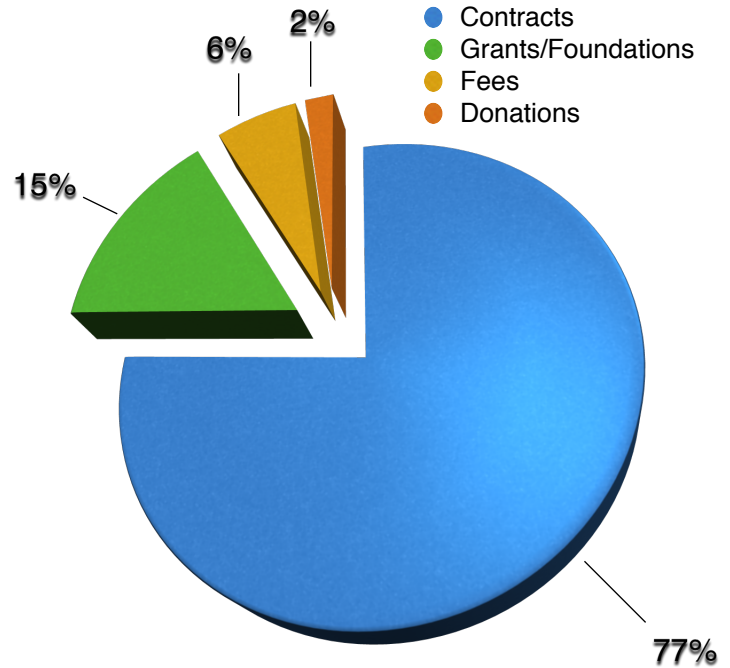
Fiscal Year 2013-2014

The financial security of Center for Humanistic Change is very strong. Even though funding for non-profits continues to remain at low levels, assets for our organization grew modestly. **85% of all revenues directly supported programming throughout the year.**

	2014	2013
ASSETS		
Cash and Cash Equivalents	\$ 276,022	\$ 204,442
Investments	999,504	761,033
Accounts Receivable	56,401	263,197
Prepaid Expenses and Deposits	5,976	3,088
Equipment <i>(Net of Accumulated Depreciation)</i>	18,737	7,635
TOTAL ASSETS	\$ 1,356,640	\$ 1,239,395
LIABILITIES AND NET ASSETS		
Liabilities		
Accrued Salaries	\$ 19,710	\$ 22,663
School Deposits Payable	3,000	3,000
Accounts Payable & Accrued Expense	29,113	48,946
Total Liabilities	51,823	74,609
Net Assets		
Unrestricted	1,304,817	1,164,786
Temporary Restricted	-	-
Total Net Assets	1,304,817	1,164,786
TOTAL LIABILITIES AND NET ASSETS	1,356,640	1,239,395

For the year ended June 30, 2014, an independent audit of CHC financials found the results of operations and changes in net assets to be in conformity with generally accepted auditing standards. The audit was conducted by Morey, Nee, Buck & Oswald, Certified Public Accountants. The official registration and financial information of Center for Humanistic Change, Inc., a 501©3 organization, may be obtained from the Pennsylvania Department of State by calling toll free 1-800-732-0999. Registration does not imply endorsement.

Sources of Funding



*You should come more often this year!
Drug Awareness and Prevention
Middle School Student*

Corporate Sponsors

Gross McGinley, LLP
Morey, Nee, Buck & Oswald, LLC
J.F. Kainz Technical Services
RC Kelly Law Associates, LLC
EWI - Connections, Careers, Community
JetPay Payroll Services
Northampton Farm Bureau Coop. Assn.
Rid-Et Pest Solutions
B&M Lawn Care and Landscaping
Nick Of Time Textiles

Grants and Contracts

Lehigh County Drug and Alcohol
Northampton County Drug & Alcohol
Pennsylvania Commission on Crime and Delinquency
The Will R. Beitel Children's Community Foundation
Trumbower Hospital Foundation
Two Rivers Health & Wellness Foundation

*Your class got me loving life more than ever and
everything in it.
Lifeskill's Class
Community Corrections Center Participant*